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**Enjoying Excellence  
Your Attitude  
Determines Your Success**

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**2025 Housing Education Symposium**

**Tuesday, July 22, 2025**

**The Westin Memphis Beale Street**

**11:15 AM – 12:30 PM**

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**Presented by**

**Earl L. Suttle, Ph.D.**

**Chairman & CEO**

**Leadership Success International, LLC**

Dr. Earl is available to speak with your company, organization, school.

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# Key Ideas About Celebrations & Appreciations

Leader's role in a celebration is to listen and encourage the performers to re-live their accomplishment – not tell the performers what they did.

People should tell their stories. Frequently they are the only one who know the details of what caused the success that is being celebrated.

You need to give people a chance to tell you how hard it was, how long it took, how they would never have been able to complete it without the help of others.

In successful celebrations, leaders ask employees to share what they've done.

The leaders can ask questions such as:

- How did you do that?
- What did you do?
- How did you figure it out?
- Who helped you?
- How hard was it?

Benefits:

1. Creates an atmosphere more meaningful to the one sharing the celebration story.
2. Gives voice to everybody and keeps a collective memory alive.
3. Give people meaning to their jobs.
4. Creates inspiration and purpose.
5. Develops a strong us feeling.
6. Gets people in touch with people's humanity.
7. Creates a sense of community important for the company's long-term survival.
8. Encourages dialogue.
9. Creates a WOW! Experience within the organization.
10. Raises standards.
11. Provides training for others.

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## Ten Positive Traits of a Great Attitude

1. Be Plain Positive
2. It Could Be Worse Attitude
3. Have a Teachable Spirit
4. Emotional Resilience
5. Appreciate Your Worth – Health – Happiness
6. Persistent – Never Give Up! – Bounce Back
7. Attitude of Gratitude
8. Watch Your Associations
9. Work Harder on Yourself than You Do on Your Job
10. Take Smart Risks

“Never underestimate its power in your life.”

Circle 3 you need to improve on that could lead to overall improvement in your department.

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## 22 Point Wellness and Growth Plan

1. Faith
2. Free from all addictions
3. Fitness Plan – energize yourself!
4. Food and Nutrition Plan
5. Flee from toxic people
6. Face fear and take smart risks
7. Reward yourself for special things
8. Family and friends support system
9. Find a counseling outlet
10. Build a love relationship in your life
11. Use time wisely
12. Create a personal growth plan
13. Financial freedom plan
14. Design a dream book for yourself
15. Daily fun plan
16. Open to change and self-awareness
17. Rest – start your day slowly - Renewal
18. Have written goals
19. Have a relaxation plan
20. Love thyself by keeping a gratitude list.
21. Drink more water
22. Get at least 8 hours of sleep per night.

List 6 you need to work on the next 2 months.

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## Write a Love or Commitment Letter to Yourself Exercise

Include at least 5 ideas from the 22-Point Wellness  
and Growth Plan in your letter you need  
to work on in the next 2 months.

Dear ...

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